

WATCH Program Daily Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Sleep In!
6:30am	Reflections	Reflections	Reflection	Reflection	Reflection	Reflection	
7:00am	Breakfast/Task	Breakfast/Task	Breakfast/Task	Breakfast/Task	Breakfast/Task	Breakfast/Task	Wake up!
7:30am	Recreation	Recreation	Recreation / Centurion Exercise (UN)	Recreation	Recreation	Recreation	Breakfast
8:00am		Centurion Exercise (UN)		Centurion Exercise (UN)			
8:30am	Count	Count	Count	Count	Count	Count	Count
9:00am	TC - 9:00am	TC - 9:00am	TC - 9:00am	TC - 9:00am	TC - 9:00am	TC - 9:00am	Super Clean - 9am
9:30am	CD Group 9:30am-11:30am	CD Group 9:30am-11:30am	CD Group 9:30am-11:30am	CD Group 9:30am-11:30am	CD Group 9:30am-11:30am	CD Group 9:30am-11:30am	Recreation/Homework - 10am Fine Arts - 10:30am-11:30am
10:00am	Orientation 9:30am-11:30am	Orientation 9:30am-11:30am	Orientation 9:30am-11:30am	Orientation 9:30am-11:30am	Orientation 9:30am-11:30am	Orientation 9:30am-11:30am	
10:30am							
11:00am							
11:30am	RA / SFM / Staff Meeting (All Units)	RA / SFM / Staff Meeting (All Units)	RA / SFM / Staff Meeting (All Units)	RA / SFM / Staff Meeting (All Units)	RA / SFM / Staff Meeting (All Units)	RA / SFM / Staff Meeting (All Units)	
12:00pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12:30pm	Staff Tx Mtg 12:05	Staff Tx Mtg 12:05	Staff Tx Mtg 12:05	Staff Tx Mtg 12:05	Staff Tx Mtg 12:05	Staff Tx Mtg 12:05	
1:00pm	Count	Count	Count	Count	Count	Count	Count (12:45)
1:30pm	Bible Study 1:00-2:00	Two Weeks or Less - P3 Room 1:00pm - 2:30pm	<u>Graduation Day!</u>	CP&R 1:00pm - 2:30pm	Parenting 1:00p-2:30p	CP&R 1:00pm - 2:30pm	Church Services (after count)
	Study Hall 1:00-2:00	CP&R 1:00p to 2:30p	Phase I - Lectures LS	Phase I - LS	CP&R 1:00p to 2:30p		
	Knights Group 1:00-3:00	Phase I-LS Phase II-Upper Units Phase III-Gym	Phase II-Mentor Training	Phase II - UN & US Phase III - P3 Room	Phase I - LS Phase II - UN & US Phase III - P3 Room		
2:00pm	2nd WATCH - LS		Phase III-Study Hall			Visitation 2:00 – 4:00	Home Work Centurion Peer Study (LS & UN)
	Phase I - Victims - LS Phase II - Anger Mgmt - UN & US Phase III - Study Hall		Two Weeks or Less - P3 Room 1:00pm - 2:30pm				
2:30pm		CT&E 2:30 - 3:30 Phase I - LS Phase II - US Phase III - UN	Specialty Groups 2:30 - 3:30	TC All Family Members	CP&R 2:30 - 3:40	Study Hall 2:30 - 3:40	Welcom Wagon (LS) 2:30-3:00
3:00pm	Life Skills Phase I - LS Phase II - Gym Phase III - Light Blue				Knights Group 2:30p-3:40p		Recovery Based Groups Family Units 3:00pm to 4:00pm
3:30pm							
3:50pm	Count	Count	Count	Count	Count	Family Mtg 3:50	
4:20pm	Family Mtg	Family Mtg	Family Mtg	Family Mtg	Family Mtg	Count @ 4:00	Count @ 4:00
4:30pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
5:00pm							
5:30pm	Homework or TV (news ONLY!!)	Homework or TV (news ONLY!!)	Homework or TV (news ONLY!!)	Homework or TV (news ONLY!!)	Recreation 5:30 – 6:30		
6:00pm	Recovery-Based Mtg	Outside AA mtg	Recovery-Based Mtg	Recovery-Based Mtg		Recreation	Recreation
6:30pm	6:00 -7:00	Recovery-Based Mtg 6:00 - 7:00	6:00 -7:00	6:00 -7:00	Free Time 6:30 – 7:00	6:00 – 7:00	6:00 – 7:00
7:00pm	CP&R Study Group	Rule School 7:00-7:30	Rule School 7:00-7:30	Rule School 7:00-7:30	AA Meeting – Outside Participants (All Units)	Free Time 7:00 – 8:00	7:00 – Movie Mandatory (1 Hour of Movie is Mandatory)
7:30pm	(All Units)	Homework	Study Hall - All Units	Homework			
8:00pm	Recreation	Recreation	Recreation	Recreation		AA Speaker Meeting 8:00 - 9:00	Free Time
8:30pm					Free Time		
9:00pm	Count Reflections (until 9:30)	Count Reflections (until 9:30)	Count Reflections (until 9:30)	Count Reflections (until 9:30)	Count Reflections (until 9:30)	Count Reflections (until 9:30)	Count Reflections (until 9:30)
9:30pm	Prepare for Bed	Prepare for Bed	Prepare for Bed	Prepare for Bed	Prepare for Bed	Prepare for Bed	Prepare for Bed
10:00pm	Lights Out – Phase 1	Lights Out – Phase 1	Lights Out – Phase 1	Lights Out – Phase 1	Lights Out – Phase 1	Lights Out – Phase 1	Lights Out – Phase 1
10:30pm	Lights Out – Phase 2	Lights Out – Phase 2	Lights Out – Phase 2	Lights Out – Phase 2	Lights Out – Phase 2	Lights Out – Phase 2	Lights Out – Phase 2
11:00pm	Lights Out – Phase 3	Lights Out – Phase 3	Lights Out – Phase 3	Lights Out – Phase 3	Lights Out – Phase 3	Lights Out – Phase 3	Lights Out – Phase 3

