## WATCh Program Daily Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Sleep In!
6:30am	Reflections	Reflections	Reflection	Reflection	Reflection	Reflection	<u> </u>
7:00am	Breakfast/Task		Breakfast/Task	Breakfast/Task	Breakfast/Task	Breakfast/Task	Wake up!
7:30am	Recreation	Recreation	Recreation / Centurion Exercise	Recreation	Recreation	Recreation	Breakfast
8:00am	1	Centurion Exercise (UN)	(UN)	Centurion Exercise (UN)			
8:30am	Count	Count	Count	Count	Count	Count	Count
9:00am	TC - 9:00am	TC - 9:00am	TC - 9:00am	TC - 9:00am	TC - 9:00am	TC - 9:00am	Super Clean - 9am
9:30am	CD Group 9:30am-11:30am	CD Group 9:30am-11:30am	CD Group 9:30am-11:30am	CD Group 9:30am-11:30am	CD Group 9:30am-11:30am	CD Group 9:30am-11:30am	i '
10:00am	Orientation 9:30am-11:30am	Orientation 9:30am-11:30am	Orientation 9:30am-11:30am	Orientation 9:30am-11:30am	Orientation 9:30am-11:30am	Orientation 9:30am-11:30am	Recreation/Homework - 10am
10:30am							Fine Arts - 10:30am-11:30am
11:00am	1						
11:30am	RA / SFM / Staff Meeting (All Units)	RA / SFM / Staff Meeting (All Units)	RA / SFM / Staff Meeting (All Units)	RA / SFM / Staff Meeting (All Units)	RA / SFM / Staff Meeting (All Units)	RA / SFM / Staff Meeting (All Units)	<b></b>
12:00pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12:30pm	Staff Tx Mtg 12:05	Staff Tx Mtg 12:05	Staff Tx Mtg 12:05	Staff Tx Mtg 12:05	Staff Tx Mtg 12:05	Staff Tx Mtg 12:05	
1:00pm	Count	Count	Count	Count	Count	Count	Count (12:45)
1:30pm	Bible Study 1:00-2:00	Two Weeks or Less - P3 Room	Graduation Day!	CP&R	Parenting	CP&R	Church Services (after count)
		1:00pm - 2:30pm	<u> </u>	1:00pm - 2:30pm	1:00p-2:30p	1:00pm - 2:30pm	
				Phase I - LS			
	Study Hall 1:00-2:00			Phase II - UN & US			
		CP&R	Phase I- Lectures LS	Phase III - P3 Room	CP&R		
	'	1:00p to 2:30p			1:00p to 2:30p		
	Knights Group 1:00-3:00	Phase I-LS	Phase II-Mentor Training		Phase I - LS		
		Phase II-Upper Units			Phase II - UN & US		
		Phase III-Gym	Phase III-Study Hall		Phase III - P3 Room		
2:00pm	2nd WATCh - LS					Visitation	Home Work
						2:00 – 4:00	
	Phase I - Victims - LS		Two Weeks or Less - P3 Room				Centurion Peer Study (LS & UN)
	Phase II - Anger Mgmt - UN & US		1:00pm - 2:30pm				
	Phase III - Study Hall						
2:30pm		CT&E	Specialty Groups	TC All Family Members	CP&R	Study Hall	Welcom Wagon (LS)
		2:30 - 3:30	2:30 - 3:30		2:30 - 3:40	2:30 - 3:40	2:30-3:00
		Phase I - LS					
		Phase II - US					
	1	Phase III - UN			Knights Group		
		Phase III - UN			Knights Group		
3:00nm	Life Skills	Phase III - UN			Knights Group 2:30p-3:40p		Recovery Based
3:00pm	<u>Life Skills</u> Phase I - I S	Phase III - UN					Recovery Based Groups Family Units
3:00pm	Phase I - LS	Phase III - UN					Recovery Based Groups Family Units
3:00pm	Phase I - LS Phase II - Gym	Phase III - UN					Groups Family Units
	Phase I - LS	Phase III - UN					
3:30pm	Phase I - LS Phase II - Gym	Phase III - UN Count	Count	Count		Family Mtg 3:50	Groups Family Units
	Phase I - LS Phase II - Gym Phase III - Light Blue		Count Family Mtg	Count Family Mtg	2:30p-3:40p	Family Mtg 3:50 Count @ 4:00	Groups Family Units
3:30pm 3:50pm	Phase I - LS Phase II - Gym Phase III - Light Blue Count	Count			2:30p-3:40p		Groups Family Units 3:00pm to 4:00pm
3:30pm 3:50pm	Phase I - LS Phase II - Gym Phase III - Light Blue Count	Count			2:30p-3:40p		Groups Family Units 3:00pm to 4:00pm
3:30pm 3:50pm 4:20pm	Phase I - LS Phase II - Gym Phase III - Light Blue  Count Family Mtg	<b>Count</b> Family Mtg	Family Mtg	Family Mtg	2:30p-3:40p  Count Family Mtg	Count @ 4:00	Groups Family Units 3:00pm to 4:00pm  Count @ 4:00
3:30pm 3:50pm 4:20pm	Phase I - LS Phase II - Gym Phase III - Light Blue  Count Family Mtg  Dinner  Homework or TV	<b>Count</b> Family Mtg	Family Mtg Dinner Homework or TV	Family Mtg	2:30p-3:40p  Count Family Mtg	Count @ 4:00	Groups Family Units 3:00pm to 4:00pm  Count @ 4:00
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3:30pm 3:50pm 4:20pm 4:30pm 5:30pm 5:30pm 6:30pm 7:30pm 8:30pm 9:00pm 9:30pm 10:30pm	Phase I - LS Phase II - Gym Phase III - Light Blue  Count Family Mtg  Dinner  Homework or TV (news ONLY!!)  Recovery-Based Mtg 6:00 -7:00  CP&R Study Group (All Units)  Recreation  Count Reflections (until 9:30) Prepare for Bed Lights Out - Phase 1 Lights Out - Phase 2	Count Family Mtg  Dinner  Homework or TV (news ONLY!!)  Outside AA mtg Recovery-Based Mtg 6:00 - 7:00 Rule School 7:00-7:30 Homework Recreation  Count Reflections (until 9:30) Prepare for Bed Lights Out – Phase 1 Lights Out – Phase 2	Family Mtg  Dinner  Homework or TV (news ONLY!!)  Recovery-Based Mtg 6:00 -7:00  Rule School 7:00-7:30  Study Hall - All Units  Recreation  Count  Reflections (until 9:30)  Prepare for Bed	Family Mtg  Dinner  Homework or TV (news ONLY!!)  Recovery-Based Mtg 6:00 -7:00  Rule School 7:00-7:30  Homework  Recreation  Count  Reflections (until 9:30)  Prepare for Bed	2:30p-3:40p  Count Family Mtg  Dinner  Recreation 5:30 – 6:30  Free Time 6:30 – 7:00  AA Meeting – Outside Participants (All Units)  Free Time  Count Reflections (until 9:30) Prepare for Bed	Count @ 4:00  Dinner  Recreation 6:00 – 7:00  Free Time 7:00 – 8:00  AA Speaker Meeting 8:00 - 9:00  Count Reflections (until 9:30) Prepare for Bed	Groups Family Units 3:00pm to 4:00pm  Count @ 4:00  Dinner  Recreation 6:00 – 7:00 7:00 – Movie Mandatory (1 Hour of Movie is Mandatory) Free Time  Count Reflections (until 9:30) Prepare for Bed

Revised: 6/20/2013