

WATCH FOOD LIST Effective September 1st, 2012

Chips (1.5 oz. or smaller)	Limit (16) total
Candy Bars (2.07 oz.)	Limit (16) total
Mini Candy Bars	Limit (1) 1 lb. bag
Hard Candy	Limit (1) 1 lb. bag
Gum/Certs/Lifesavers	Limit (16) total
Microwave Popcorn/Pork rinds	Limit (16) total
Trail Mix/Chex Mix	Limit (1) 1 lb. bag
Cup of Noodles (1 serving)	Limit (12) total
Pop Tarts	Limit (12) packages (24 total)

NOTHING SHELLLED IS ALLOWED!!!!!!!

No Beef Jerky.

Nothing requiring refrigeration.

No metal containers.

No powdered or liquid additives.

No protein/energy bars or drinks/ no granola bars.

LIMIT OF 2 FOOD PACKAGES A MONTH. FOOD MUST FIT IN A 12x12x8 CONTAINER.