| Times | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|----------------------------|-----------------------|---------------------|-----------------------|-------------------------|---------------------------|-----------------------|
| 5:30 | Wake-up | Wake-up | Wake-up | Wake-up | Wake-up | | |
| 5:50-6:30 | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | | |
| 6:30-7:00 | Therapeutic Tasks | Therapeutic Tasks | Therapeutic Tasks | Therapeutic Tasks | Therapeutic Tasks | Wake-up | Wake-up |
| 7:00 | Count | Count | Count | Count | Count | Count | Count |
| 7:007:45 | Prepare for the Day | Prepare for the Day | Prepare for the Day | Prepare for the Day | Prepare for the Day | Breakfast | Breakfast |
| | | | | | | | |
| 8:00 | In room count | In room count | In room count | In room count | In room count | In room count | In room count |
| | | | | | | | Red Road 8-9 |
| 8:15-10:30 | CD Group | CD Group | CD Group | CD Group | CD Group | CBI-SA | Dads Group 9:30-10:30 |
| | CD Group | CD Group | CD Group | CD Group | CD Group | Self Esteem 8:30-9:25 | Wake-up10 |
| 10:40-11:10 | Community Meeting | Community Meeting | Community Meeting | Community Meeting | Community Meeting | 10:45 Brunch | 10:45 Brunch |
| 11:15-12:00 | Lunch | Lunch | Lunch | Lunch | Lunch | Therapeutic Tasks | Therapeutic Tasks |
| 12:00 | In room count | In room count | In room count | In room count | In room count | In room count | In room count |
| 12:00-12:50 | Victim's Impact | CBI-SA until 1:30 | PIF/Guest Lecture | CBI-SA until 1:30 | Victim's Impact | CBI-SA until 1:50 | |
| | Living in Balance 13-33 | Leisure/Study | Relapse Prevention | Leisure/Study | Living in Balance 13-33 | Self Esteem | |
| 1:001:50 | Victim's Impact | | Staff Lecture | | Victim's Impact | Visits, 1p-3:45 | Visits, 1p-3:45 |
| | Living in Balance 13-33 | CBI-SA starts at 1:50 | Relapse Prevention | CBI-SA starts at 1:50 | Living in Balance 13-33 | | |
| 2:00-3:20 | Leisure/Study | Leisure/Study | Leisure/Study | Leisure/Study | Leisure/Study | Leisure/Study | Church 2:30-3:30 |
| | | | | | | | |
| | | | | | | | |
| 3:30-4:00 | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| 4:10-4:50 | Family Meetings | Community groups | Family Meetings | Community groups | Family Meetings | Cognitive Group | |
| 4:50 | In room count | In room count | In room count | In room count | In room count | In room count | In room count |
| 5:00-5:50 | Anger Education | Anger Education | Specialty Groups | Cognitive Group | Cognitive Group | Cognitive Group 4:10-4:45 | Super Clean 5-6:30 |
| | Parenting | Parenting | CTE | CTE | CTE | | |
| 6:00-6:50 | Anger Education | Anger Education | Specialty Groups | Cognitive Group | Cognitive Group | Leisure/ Study | |
| | Parenting | Parenting | CTE | СТЕ | CTE | | |
| 7:00-7:30 | Therapeutic Tasks | Therapeutic Tasks | Therapeutic Tasks | Therapeutic Tasks | Therapeutic Tasks | Therapeutic Tasks | |
| 7:30-8:30 | AA/NA/SOS/TC | AA/NA/SOS/TC | AA/NA/SOS/TC | AA/NA/SOS/TC | AA/NA/SOS/TC | AA/NA/SOS/TC | AA/NA/SOS/TC |
| 8:30-9:00 | Daily Journaling | Daily Journaling | Daily Journaling | Daily Journaling | Daily Journaling | Daily Journaling | Daily Journaling |
| 9:00 | In room count | In room count | In room count | In room count | In room count | In room count | In room count |
| | | | | | | | |
| 9:00 | Prepare for Bed | Prepare for Bed | Prepare for Bed | Prepare for Bed | Prepare for Bed | Prepare for Bed | Prepare for Bed |
| 12.22 | | | | | Supervisor Movie | Hierarchy Movie | |
| 10:00 | Lights out | Lights out | Lights out | Lights out | Lights out | Lights out | Lights out |
| | | | | | | | |
| 2:00-3:15 | Orientation Tuesday-Friday | , | | | | | |
| - | Choir Tues/Thurs/Sat | | | | | | |
| | Additional low impact/yoga | | | | | | |
| | Meditation/Bible study | | | | | | |
| Speculator and | - | | | | | | |
| Lexingtons and Anselmos Revised 1/2/19 | | | | | | | |