

START Programs

We are currently offering the following programs at the START facility:

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------|---|--|---|---|---|
| 8:45 AM | CP&R - K. McKinnon/B Fleming | CP&R - Ginger Winston/B Fleming Relapse Prev. - Kim McKinnon/T. Perrick Bible Study - Rev Wohlers | CP&R - Ginger Winston/B. Fleming Life Skills -Jeff Gallus | CP&R - Ginger Winston/B. Fleming Relapse Prev. -Kim McKinnon/T. Perrick | CTE - Ginger Winston/M Rohan Life Skills -Jeff Gallus |
| 9:00 AM | | | | | CTE - Ginger Winston/M Rohan |
| 9:30 AM | CP&R - K. McKinnon/B Fleming | CP&R - Ginger Winston/B Fleming Relapse Prev. - Kim McKinnon/T. Perrick | CP&R - Ginger Winston/B. Fleming Life Skills -Jeff Gallus | CP&R - Ginger Winston/B. Fleming Relapse Prev. -Kim McKinnon/T. Perrick | Life Skills -Jeff Gallus |
| 10:00 AM | | | | | CTE- Ginger Winston/M Rohan |
| 10:30 AM | CP&R - K. McKinnon/B Fleming | CP&R - Ginger Winston/B Fleming | CP&R - Ginger Winston/B. Fleming | CP&R - Ginger Winston/B. Fleming | |
| 11:00 AM | Orientation | Relapse Prev. - Kim McKinnon/T. Perrick | Anger Management - Kim McKinnon/B. Fleming | Relapse Prev. -Kim McKinnon/T. Perrick | |
| 11:30 AM | | | | | |
| 12:00 PM | | | | | |
| 12:30 PM | | | | | |
| 1:10 PM | Changes (B) - K. McKinnon/B Fleming/T. Perrick Orientation | Changes (A)- Ginger Winston/B Fleming/T. Perrick Changes (B) - Kim McKinnon/K. McCulloch/T. Perrick | Changes (A)- Ginger Winston/B. Fleming/T. Perrick Changes (B) - Kim McKinnon/B. Fleming/T. Perrick | Changes (A)- Ginger Winston/B. Fleming/T. Perrick Changes (B) - Kim McKinnon/B. Fleming/T. Perrick | Changes (A)- Ginger Winston/M Rohan |
| 1:30 PM | | | | | |
| 2:10 PM | Changes (C) - K. McKinnon/T. Perrick Orientation | Changes (B) - Ginger Winston/R. Rafish/T. Perrick Changes (C) - Kim McKinnon/R. Rafish/T. Perrick | Changes (B) - Ginger Winston/R. Rafish/T. Perrick Changes (C) - Kim McKinnon/R. Rafish/T. Perrick | Changes (B) - Ginger Winston/R. Rafish/T. Perrick Changes (C) - Kim McKinnon/R. Rafish/T. Perrick | Changes (B) - Ginger Winston/R. Rafish |
| 3:10 PM | Changes (A)- K. McKinnon/T. Perrick Orientation | Changes (A)- Kim McKinnon/R. Rafish/T. Perrick Changes (C) - Ginger Winston/R. Rafish/T. Perrick | Changes (A)- Kim McKinnon/R. Rafish/T. Perrick Changes (C) - Ginger Winston/R. Rafish/T. Perrick | Changes (A)- Kim McKinnon/R. Rafish/T. Perrick Changes (C) - Ginger Winston/R. Rafish/T. Perrick | Changes (C) - Ginger Winston/R. Rafish |
| 4:00 PM | | | | | |
| 4:30 PM | | | | | |
| 5:00 PM | | | | | |
| 5:30 PM | | | | | |
| 6:00 PM | | | | | AA |

| | | | | | |
|----------------|----|----|----|----|-------------------------|
| 6:30 PM | | | | | * Sat/Sun 7:00- 8:30 |
| 7:00 PM | | | | | |
| 7:30 PM | AA | AA | AA | AA | |
| 8:00 PM | | | | | |
| 8:30 PM | | | | | |

1. CPR (Cognitive Programs and Restructuring)
2. CTE (Criminal Thinking Errors)
3. Anger Management
4. Relapse Prevention
5. Life Skills
6. Changes Program
7. Alcoholics Anonymous